

**STAY STRONG.
GET VACCINATED.**

The 8 most common questions about flu vaccine

What is the vaccine? Vaccines are the most effective way to prevent many infectious diseases including flu. It will help in building Herd immunity and protecting our vulnerable groups.	Why should i take the flu vaccine? Vaccines are the most effective way to prevent many infectious diseases including flu. It will help in building Herd immunity and protecting our Vulnerable groups.
Will I get sick if I have the vaccine? No, the flu vaccine is designed to protect against the flu, and it does not contain any live flu virus that could cause infection.	What happens after I take the vaccine? The vaccine will teach your immune system how to create antibodies to protect you from disease. This is why you may feel achy or slightly feverish.
Does flu vaccine contain Porcine Gelatine? No, the inactivated flu vaccine, which is the injectable form, does not contain porcine (pork) gelatine.	Can a pregnant or a breast feeding woman have the flu vaccine? Yes, both pregnant and breastfeeding women can safely receive the flu vaccine which protects both themselves and their babies.
Can I have the vaccine if I am unwell? If you have a high temperature, wait until you're feeling better before having your flu vaccine.	Where & when can I take the vaccine? The flu vaccination campaign will start on 1 October and will be available across both sites. Online booking is available.