Audiology self-referral form for adults in Staffordshire and Stoke-on-Trent

Please complete this form to find out whether you can access the self-referral audiology service in Staffordshire and Stoke-on-Trent. Once you have completed the form, if you are eligible, you can contact your provider of choice via telephone, email or online using the contact details shown here: staffsstokeics.org.uk/~documents/route:/download/3948//?layout=file clinic locations are also provided in that link. You will need to tell them that you have completed the checklist and are eligible to self-refer.

If you have difficulties completing this form, please contact your provider of choice directly (contact details can be found via the link above). They will be able to help you to complete this form.

About your hearing problem

If you answer YES to any of the questions below, you **will not** be eligible for the Community Adult Hearing service and should make an appointment with your GP Practice.

Have you experienced:

	Yes	No
Persistent pain affecting either ear lasting more than seven days within the last 90 days?	☐	☐
Any discharge from either ear within the last 90 days other than wax?	☐	☐
Sudden (within seven days) loss or deterioration of hearing not associated with a cold or upper respiratory tract infection? **If so, seek medical advice.**	☐	☐
Rapid (within 90 days) loss or deterioration of hearing?	☐	☐
Fluctuating hearing loss, other than associated with colds?	☐	☐
History of surgery on the ears other than grommets (unless grommets inserted in the past 12 months?)	☐	☐

Vertigo (sensation of you or surroundings spinning) within the last 90 days?	☐	☐
Tinnitus (e.g. internal sounds in the ear) in one or both ears lasting for more than five minutes at a time, or that is in time with your heartbeat/pulse, or that is severe enough to disturb your sleep?	☐	☐
Or are you housebound/need a home visit?	☐	☐

Ear wax

If you think you have ear wax, please discuss this with your provider of choice. If the provider sees any wax which needs treatment when you are examined, they will refer you for wax care.

Wax must be dealt with first, as it can sometimes mean a hearing assessment cannot take place, or the hearing aids cannot be fitted.

Can you self-refer?

If you selected 'Yes' in response to any of the above questions you are not currently eligible to self-refer to the audiology service. Please contact your GP practice to discuss this.

If a provider has helped you complete this form and you have answered ‘yes’ to any of the above questions, you do not meet the criteria for self-referral. The provider will direct you to the next steps and, if necessary, report this to your practice (including speaking to the practice to hand over details if urgent) and the reasons for not meeting the criteria. Please also contact your GP practice within approximately two weeks to discuss.

If you selected 'No' in response to all the questions above questions, you are eligible to self-refer to the local audiology service. **Please get in touch with your provider of choice to arrange next steps. You can access a list of providers here:** staffsstokeics.org.uk/~documents/route:/download/3948//?layout=file

The provider will not have access to the information you have filled in above, so no action will be taken unless you contact them. This form is simply to find out if you meet the criteria to self-refer.

If have a hearing test and are fitted with a hearing aid(s), the provider will manage your aftercare and review appointments.

Usually, after three years, you will be assessed again, and you can go to a different provider if you wish. Your existing provider will help with this.